



Vegetarian Tacos Free Recipe 31032025

Description

Recipe

Vegetarian tacos

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A

Fruit and vegetables

1 ripe [avocado](#), stone removed and peeled

20 [cherry tomatoes](#)

½ red [chilli](#), deseeded and finely chopped

1 green [chilli](#)

a few [coriander](#) sprigs

few sprigs [fresh coriander](#), leaves picked

2 [garlic](#) cloves, finely chopped

½ [lime](#), juice only

½ [lime](#), juice only

bunch breakfast [radishes](#), cleaned and chopped

Tins, packets and jars

2 x 400g tins [black beans](#)

sweet [chilli sauce](#)

Cooking ingredients

sea salt and freshly ground [black pepper](#)

1 tsp [chipotle](#) paste or 1 red chilli, finely chopped

1 tsp ground [cinnamon](#)

1 tsp ground [cumin](#)

[olive oil](#), for frying

extra virgin [olive oil](#), to taste

Dairy, eggs and chilled

4 free-range [eggs](#), fried

handful of grated cheese, such as [manchego](#) or queso fresco

natural, sheep or coconut milk [yoghurt](#) (optional)

Other

8 wheat or corn tortillas

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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Music Video – [Home Page](#)

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