



Vegan tofu katsu curry Free Recipe 31032025

Description

Recipe

Vegan tofu katsu curry

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A Shopping List

Fruit and vegetables

2 [garlic](#) cloves, sliced

15g/½oz fresh root [ginger](#), peeled and finely chopped

1 tsp thin strips fresh root [ginger](#)

1 [onion](#), finely chopped

1 [spring onion](#), thinly sliced on the diagonal

Tins, packets and jars

15g/½oz [plain flour](#)

freshly cooked [rice](#)

Cooking ingredients

flaked sea salt and freshly ground [black pepper](#)

1 tsp soft light [brown sugar](#)

2 tbsp [cornflour](#)

1 tsp medium [curry powder](#)

6 tbsp sunflower or groundnut [oil](#)

½ tsp ground [star anise](#) or Chinese five-spice

2 tbsp [sunflower oil](#)

2 tsp [tomato purée](#)

½ tsp ground [turmeric](#)

275ml/9½fl oz [vegetable stock](#) (made with ½ cube)

Dairy, eggs and chilled

280g/10oz extra-firm [tofu](#), well drained

25g/1oz coconut [yoghurt](#)

Other

40g/1½oz [panko breadcrumbs](#) or dry white breadcrumbs

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>

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1. Vegan tofu katsu curry

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