



Vegan jerk jackfruit burger Free Recipe 31032025

Description

Recipe

Vegan jerk jackfruit burger

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A [Shopping List](#)

Fruit and vegetables

1 [carrot](#), peeled and ribboned with a peeler

1 tbsp chopped fresh [coriander](#)

400g tin [jackfruit](#)

squeeze fresh [lime](#)

2 spring [onions](#), finely chopped

¼ [red cabbage](#), shredded

Tins, packets and jars

5 tbsp vegan [mayonnaise](#)

Cooking ingredients

salt and freshly ground [black pepper](#)

Other

2 vegan burger buns or mini [ciabattas](#), cut in half

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>
[Book Novotel Hotel](#)

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Music Video – [Home Page](#)

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6. Vegan
7. Vegan jerk jackfruit burger
8. Vegetarian

Date Created

March 31, 2025

Author

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