

Vegan jerk jackfruit burger Free Recipe 31032025

Description

Recipe https://www.youtube.com/watch?v=k_vQsyC_F1AShopping List Fruit and vegetable

1 carrot, peeled and ribboned with a peeler

1 tbsp chopped fresh coriander

400g tin jackfruit

squeeze fresh lime

2 spring onions, finely chopped

1/4 red cabbage, shredded

Tins, packets and jars

5 tbsp vegan mayonnaise

Cooking ingredients

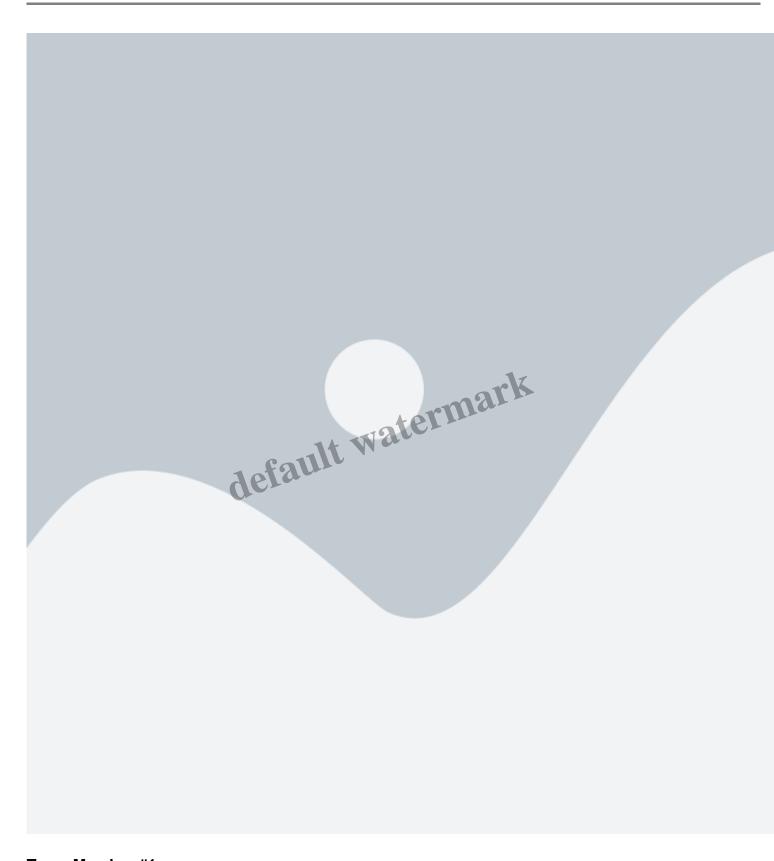
salt and freshly ground black pepper

Other

2 vegan burger buns or mini ciabattas, cut in half

https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9 Book Novotel Hotel





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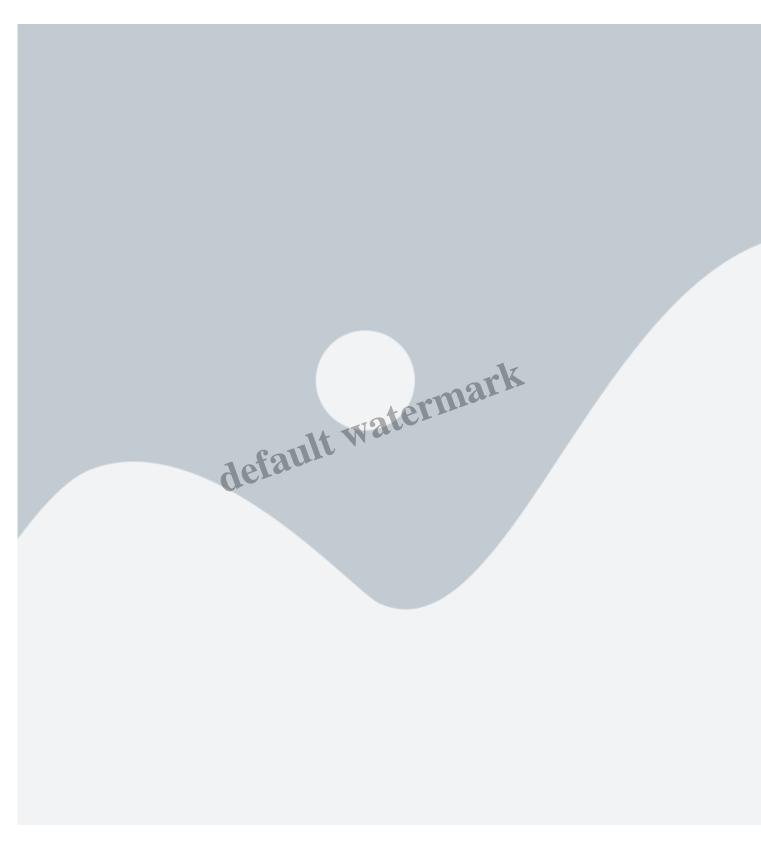


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- 8. Vegetarian

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Author

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