



Killa nacho fries (Pulled beef nacho fries) Free Recipe 31032025

## Description

## Recipe

### Killa nacho fries (Pulled beef nacho fries)

[Banzai Japan MV](#)

[https://www.youtube.com/watch?v=k\\_vQsyC\\_F1A](https://www.youtube.com/watch?v=k_vQsyC_F1A) Shopping List

## Fruit and vegetables

2 [avocados](#), peeled and stones removed

½ green [chilli](#), de-seeded and finely chopped

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1 heaped tbsp finely chopped [chives](#)

small handful chopped [coriander](#)

4 [garlic](#) cloves, crushed

½ lime, juice only

squeeze [lime juice](#)

½ small [red onion](#), finely chopped

½ small [red onion](#), finely chopped

2 large vine [tomatoes](#), finely chopped

## Tins, packets and jars

200ml/7fl oz [barbecue sauce](#)

## Cooking ingredients

2 tbsp [balsamic vinegar](#)

500ml/18fl oz [beef stock](#)

salt and [black pepper](#)

2 tbsp soft light [brown sugar](#)

pinch mild [chilli powder](#)

pinch mild [chilli powder](#)

pinch mixed dried [herbs](#)

2 tbsp [vegetable oil](#)

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## Dairy, eggs and chilled

150g/5½oz [soured cream](#)

## Meat, fish and poultry

1kg/2lb 4oz beef shoulder or chuck, cut into large chunks (alternatively use braising or stewing steak)

## Other

600g/1lb 5oz frozen French fries

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>  
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Music Video – [Home Page](#)

### Category

1. Country

### Tags

1. Egg-free
2. Killa nacho fries (Pulled beef nacho fries)
3. Pregnancy-friendly

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### Author

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