



Chicken jalfrezi Free Recipe 31032025

Description

Recipe

Chicken jalfrezi

[Banzai Japan MV](#)

https://www.youtube.com/watch?v=k_vQsyC_F1A Shopping List

Fruit and vegetables

- 1–2 red [chillies](#), sliced
- 2 handfuls chopped [fresh coriander](#) leaves
- 2 cloves [garlic](#), thinly sliced
- 1 [lemon](#), juice only
- 2 [limes](#), cut into wedges
- 1 [onion](#), finely chopped

Tins, packets and jars

- [basmati rice](#), cooked according to packet instructions
- 400g can [chopped tomatoes](#)

Cooking ingredients

1 tsp [chilli powder](#)
3 tsp ground coriander
3 tsp ground [cumin](#)
2 tsp [ground ginger](#)
pinch [salt](#)
3 tsp ground [turmeric](#)
2 tbsp [vegetable oil](#)

Dairy, eggs and chilled

2 tbsp melted [butter](#)

Meat, fish and poultry

750g/1lb 10oz skinless [chicken breast](#), cut into large chunks

Other

6 ready-made chapatis or [naan breads](#)

<https://youtu.be/RR8YYeb4PMk?si=KmCkolvULfrlxyK9>
[Book Novotel Hotel](#)




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